

Booking classes on Gymcatch

Classes are all available to book online via Gymcatch. It is really easy to use, especially once you're set up. Just click the link below to register to Gymcatch.

Then you can book and pay for whichever classes you like.

- **There is a limit for each class and places are available on a first book basis.**
 - **Any classes booked cannot be carried over or refunded.** Classes are either in blocks (Pilates, Active Older Adults, Stronger & HIIT) or pay as you go (PAYG) such as Legs, Bums & Tums & Men's Core Strength.
1. **click the link to register** <https://app.gymcatch.com/register>
 2. **login on gymcatch & search fitness provider - type Nicola Rayner**
 3. **click packages - bundles to book a block based class and select the individual class /venue/day you want to book (if you select a block package bundle your block is automatically booked with the subsequent dates of the block displayed at the bottom, you don't need to individually select them).**
 4. **If you attend PAYG classes you can click on schedule instead and book classes individually by choosing the dates.**
 5. **You do need to book further packages/classes in a separate transaction.**
 6. **Then pay to book your sessions using your credit/debit card (you don't need to save your card details if you'd prefer not to).**
 7. **You can re-login to book any other classes or packages such as the bolt-on**